

Smithfield Senior Center

January-March Schedule

Smithfield Senior Center
375 Canyon Road
Rachael Bott (Director)
435-764-1303

Wednesdays @ The Senior Center
Foot Clinic: 2nd Wednesday @ 10:00am
Doors open at 9:00am
Dinner: 12:00pm
Activity: 12:30pm

January

Wednesday 6th

Activity: You're "Snow" Special
Meal: Roast Beef, Baked Potatoes, Beets, Rolls, Snowballs

Wednesday 13th

Activity: Foot Clinic @ 10:00am Travels to the Arctic
Meal: Ham & Bean Soup in Bread Bowls, Cottage Cheese
Relish Tray, Apple Crisp

Wednesday 20th

Activity: Ugly Sweater Contest & Hot Chocolate Bar
* Wear an "Ugly Sweater" for our contest!
Meal: Pork Chop, Stuffing, Apple Sauce, Peas, Roll

Wednesday 27th

Activity: Cache Valley/Utah History Challenge Game
Meal: BBQ Chicken Chili (not spicy!) Corn Bread, Tropical
Fruit Fluff, Brownies



Notes & Reminders:



You are my sunshine

February

Wednesday 3rd

Activity: Valentines (to be given out the following week)
Meal: Tostados (Crispy Flat Shell, Taco meat & Beans, Lettuce, Sides of
Sour Cream, Salsa, Olives) Fiesta Corn, Jello Cup w/ Cream

Wednesday 10th

Activity: Foot Clinic @ 10:00am Valentine's Day Party
Meal: Chicken Cordon Bleu, Rice Pilaf, Peas, Roll, Blushing Pears, Cake

Wednesday 17th

Activity: Nancy Christenson @ the Piano
Meal: Italian Meatball Sub Sandwiches, Coleslaw,
Potato Chips, Cookies

Wednesday 24th

Activity: Chinese New Year Celebration
Meal: Teriyaki Chicken, Stir-fry veggies, Ham Fried
Rice, Egg Roll, Fortune Cookie



March



Wednesday 2nd

Activity: Linda Wentz @ the Piano
Meal: Springtime Breakfast Platter w/ Pancake Stack, Bacon,
Sausage, Cheesy Egg & Hashbrown Bake & Orange Slices

Wednesday 9th

Activity: Foot Clinic @ 10:00am St Patty's Day Festival
Meal: Corned Beef & Cabbage, Parsley Potatoes, Roll, Dessert

Wednesday 16th

Activity: Dr. Seuss Party
Meal: Dr. Seuss Feast

Wednesday 23rd

Activity: Easter Celebration
Meal: Baked Ham, Baked Potato, White Corn, Roll, Waldorf Salad, Dessert

Wednesday 30th

Activity: To be Announced
Meal: Chicken Parmesan, Bowtie Pasta, Breadsticks, Broccoli, Dessert

