



Welcome to
Utah's
Health City!



2014 Family Fitness Guide

DIRECTORY

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staff directory

Brett Daniels, CPRP
 Recreation Director
 bdaniels@smithfieldrecreation.com

Curt Sparrow
 Youth Sports Coordinator
 (435) 757-1623

Dani Lundberg
 Recreation & Events Coordinator
 activities@smithfieldrecreation.com

important #'s

Recreation Center (435) 563-0048
 www.smithfieldrecreation.com

Smithfield City Office (435) 792-7994
 Smithfield Police (435) 563-8501
 Sky View Pool (435) 563-5625
 Sky View Main Office (435) 563-6273
 Birch Creek Golf Course (435) 563-6825

feedback survey

How often do you use the recreation center?

Daily
 Weekly
 Monthly
 Occasionally
 Never

How would you rate the physical condition of our parks and buildings?

Excellent
 Very Good
 Good
 Fair
 Poor
 No opinion

During what time period do you normally visit the recreation center?

Early Morning (5 am – 9 am)
 Morning (9 am – 12 pm)
 Afternoon (12 pm – 5 pm)
 Evening (5 pm – 10 pm)

What is the best method to receive information about the activities offered at the recreation center?

Emails
 Website
 Social media
 Flyers
 City newsletters
 Advertising (newspaper, radio)
 Program Guide
 Other _____

What recreation activities/resources do you use the most?

Cardio/weight room
 Basketball courts
 Group fitness classes
 Racquetball courts
 Youth Sports
 Adult Sports
 Programs
 Other _____

Please indicate how often your family has participated in any activity offered by SRC in the past year.

6-10 times
 1-5 times
 Never

How would you rate the condition of the recreation facilities?

Excellent
 Very Good
 Good
 Fair
 Poor
 No opinion

How would you rate the quality of the recreation activities?

Excellent
 Very Good
 Good
 Fair
 Poor
 No opinion

How would you rate the assistance of staff members at the recreation center?

Excellent
 Very Good
 Good
 Fair
 Poor
 No opinion

How would you rate the overall quality of the recreation center?

Excellent
 Very Good
 Good
 Fair
 Poor
 No opinion

Do you feel safe while at the recreation center?

All of the time
 Most of the time
 Some of the time
 Occasionally
 Never

Please share any additional comments to allow us to improve the parks and recreation department.

What activities would you like to see us offer in the future?

Please fill out this survey and return to the recreation center to receive 2 free guest passes! Either mail or bring pack in person.
 We appreciate your feedback!

Name: _____

Address: _____

Phone: _____

REC CENTER INFO

rec center hours

WHEN SKY VIEW HIGH SCHOOL IS IN SESSION

MON-FRI: 5:00 AM - 7:30 AM*
 *Cardio room, aerobics room and racquetball courts open all day
 SVHS has priority use of gyms and weight room from 7:45 am - 5:00 pm when school is in session.
 MON-THURS: 5:00 PM - 10:00 PM
 FRIDAYS: 5:00 PM - 9:00 PM

WHEN SKY VIEW HIGH SCHOOL IS NOT IN SESSION

MON-THURS: 5:00 AM - 10:00 PM
 FRIDAYS: 5:00 AM - 9:00 PM
 SATURDAYS: 6:00 AM - 6:00 PM

Office hours are Monday to Thursday 5:00 am to 10:00 pm, Friday 5:00 am to 9:00 pm and Saturday 6:00 am to 6:00 pm.

Open all **HOLIDAYS** with the following exceptions:

- New Years Eve** - Close @ 4pm
- New Years Day** - Closed
- Memorial Day** - Closed
- Independence Day** - Closed
- Pioneer Day** - Closed
- Labor Day** - Closed
- Thanksgiving Day** - Open 6 am - 10 am
- Christmas Eve** - Open 5 am - Noon
- Christmas Day** - Closed

FAMILY NIGHT

Bring the whole gang to Family Night every Monday at the Rec Center for just \$10. Our family fun activities include basketball, racquetball, weights, cardio, bouldering and more!

day passes

Adult (18-61)	\$4.00
Youth (4-17)	\$3.50
Senior Citizen (62+)	\$3.00
Indoor Track Only	\$1.50
Indoor Track (Smithfield Senior)	Free (5-9 AM)
Tennis/Wallyball Court	\$10.00/\$5.00*
	*In addition to admission/no charge for members
Group Party Pass (up to 10 people)	\$30.00
Each additional person	\$2.00

10 punch passes

	Resident	Non-Resident
Adult	\$35.00	\$37.50
Youth	\$30.00	\$32.50
Senior Citizen	\$25.00	\$27.50
Track Only	\$10.00	\$12.50

specialty passes

Weight/Cardio room only	\$30.00
	(Per Month)
Group Fitness Classes only	\$30.00

MEMBERSHIP RATES

membership rates

Smithfield Resident

	*Annual Monthly Payment Plan	
	1 Year	6 Month
Family	\$30.00	\$360.00
Couple	\$25.00	\$300.00
Senior Couple	\$22.50	\$270.00
Adult	\$20.00	\$240.00
Youth	\$17.50	\$210.00
Senior Citizen	\$15.00	\$180.00

Non- Smithfield Resident

	*Annual Monthly Payment Plan	
	1 Year	6 Month
Family	\$35.00	\$420.00
Couple	\$30.00	\$360.00
Senior Couple	\$25.00	\$300.00
Adult	\$22.50	\$270.00
Youth	\$20.00	\$240.00
Senior Citizen	\$17.50	\$210.00

membership rates

Smithfield Resident

	*Annual Monthly Payment Plan	
	1 Year	6 Month
Family	\$37.50	\$450.00
Adult	\$25.00	\$300.00
Youth	\$12.50	\$270.00
Senior Citizen	\$20.00	\$240.00

Non- Smithfield Resident

	*Annual Monthly Payment Plan	
	1 Year	6 Month
Family	\$42.50	\$510.00
Adult	\$27.50	\$330.00
Youth	\$25.00	\$300.00
Senior Citizen	\$22.50	\$270.00



CORPORATE MEMBERSHIPS

corporate memberships

OPTION ONE

All participating corporations receive 15% discount on any annual pass:

Save up to \$63 on a family membership or \$40 on an individual membership if your company qualifies!

OPTION TWO

We will waive the enrollment fee for all participating corporations on any annual monthly payment plan:

Save \$35 on an individual membership or \$50 on a family one!

We offer many programs and classes with our Corporate Membership and would love to work with you to find the best one for your company! Please contact the recreation center for more information.



*The Annual Payment Plan is an annual contract paid in monthly increments. An enrollment fee of \$35 for individual memberships and \$50 for family and couple memberships is assessed on the first-month's payment for those choosing the payment plan.

Family rates include 2 married adults and their immediate children under the age of 23, all of which reside at the same address.

Couple rates include 2 married adults living at the same address.



SKY VIEW POOL

pool hours

Public Swim	Lap Swim	Water Aerobics
School Year	M-F 5-6:30 AM	M, W, F 6:30-7:30 AM
M-F 6-8 PM		T,TH 7:30-8:30 AM
Sat 1-6 PM		M-TH 8-9 PM
Summer		Cost: \$2 per session
M-F 1-4 PM and 6-8 PM		
Sat 1-6 PM		

SKY VIEW POOL
(435) 563-5625

memberships

Family Passes		Individual Passes	
1 year	\$140	1 year	\$80
6 months	\$80	6 months	\$60
3 months	\$60	3 months	\$40
1 month	\$35	1 month	\$15
Day Pass	\$2 per session		
20 visit punch pass	\$30		
20 visit senior punch pass	\$20		



summer swim lessons

Registration: Starts May 6th until full. Register by calling 563-5625.

Cost: \$35 per session. Payments must be made 2 weeks before session starts.

Length: 40 minutes, 5 days a week. (10 minutes free time each class)

Session #1	June 2-13	Mon-Fri-2 Weeks	9am, 9:45am, 10:30am, 11:15am, 12pm
Session #2	June 16-27	Mon-Fri-2 Weeks	9am, 9:45am, 10:30am, 11:15am, 12pm
Session #3	July 7-18	Mon-Fri-2 Weeks	9am, 9:45am, 10:30am, 11:15am, 12pm
Session #4	July 28-Aug 8	Mon-Fri-2 Weeks	9am, 9:45am, 10:30am, 11:15am, 12pm



550 East 100 North
 (435) 563-6825
 www.birchcreekgolf.com

BIRCH CREEK GOLF COURSE



fee schedule

Green Fees:	9 Holes	18 Holes	Punch Pass:	20 Rounds
Junior (17-Under)	\$8	\$16	Regular	\$235
Weekday (Mon-Thurs)	\$13	\$26	Senior	\$200
Weekend (Fri-Sun)	\$14	\$28	Junior	\$105
Senior (60-Over)	\$12	\$24		
*Sr & Jr Mon-Thurs, no holidays				
Cart Fees:	9 Holes	18 Holes	Driving Range:	
Single Rider	\$7	\$14	Small Basket	\$4
			Medium Basket	\$6
			Large Basket	\$8
Season Pass:	7 Days a Week			
Regular	\$800.00			
Senior	\$700.00			
Junior	\$225.00			



BIRCH CREEK RECEPTION CENTER
 Specializing in Weddings, Receptions and Corporate Retreats

Wedding/Reception	\$700/\$800
Corporate (Under 3 Hours)	\$200
Corporate (3-5 Hours)	\$400
Corporate (All Day)	\$600

Eric Kleven
 PGA Head Golf Pro

Andy Downs
Isaac Loveland
 Assistant Golf Pros

1 Hour Lesson: \$40
Series of 3 Lessons: \$100
Group Lessons: Call 563-6825

Jr. Golf Camps
 run June and July.
 Call Birch Creek for
 more details.



GROUP FITNESS

Classes	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00 AM	Interval Ride (MR) CardioDance (JB*)	Tabata (AS)	Endurance Ride (Joe) Barre (JB)	Interval Ride (MR)	Power Ride (Joe) CardioDance (JB*)	Schedule varies every week. See the whiteboard outside the aerobics room for updated schedule.
5:30 AM		Step & Sculpt (LD)		Tabata (AS)		
6:00 AM	Cardio Core (MB)	Interval Ride (LD)	Tone & Define (LD)		Step & Crunch (LD)	
6:00 AM (multi)		Strength & Conditioning (ISP)		Strength & Conditioning (ISP)		Babysitters available for the 9:00am week-day class.
9:00 AM	Cross Training Circuit (SD)	Yoga Stretch (SD)	Interval Ride (LD)	Yoga Stretch (SD)	Tone & Define (LD)	
10:00 AM	Begginning Yoga (AB)					
5:00 PM	Boot Camp (KK)	Tone & Define (KK)	Cross Training Circuit (MB)			
6:00 PM		Instructor Spin Challenge (DM)		Instructor Spin Challenge (SS)		
7:00 PM		Yoga (JW)				
7:15 PM				Flow Yoga (AB)		
8:00 PM		Zumba (GG)		Zumba (SI)		

Kaye Klimack (KK)
 Stacey Dority (SD)
 Janette Woodruff (JW)
 Guiseppa Gubler (GG)
 Skyler Saunders (SS)

Leigh Dean (LD)
 Amy Sharp (AS)
 Matt Robbins (MR)
 April Bosworth (AB)
 Jennifer Ballard (JB)

Diane McMorris (DM)
 Stacey Jackson (SJ)
 Joseph Beck (Joe)
 Marissa Benson (MB)

Marissa Benson
 (480) 234-9887
 benson04@mac.com

personal training

Individual Rates

1 session	\$30
Each session after	\$45
6 session program	\$220
12 session program	\$400

Group Rates (2-3 people)

1 session	\$50
Each session after	\$60
6 session program	\$400
12 session program	\$740

All sessions are one hour.
 Recreation Center members receive a 15% discount.



SERENDIPITY DANCE

dance information

Registration:	Open Enrollment
Expressive Movement I & II	Intro to movement, music & rhythm (ages 3-4)
Company 1	Entry Level Ballet and Jazz (ages 5-6) little or no experience
Company 2	Basic Ballet & Jazz (ages 6-7) some experience
Company 3	Technique Ballet & Jazz (ages 7-9) 2+ years experience
Company 4	Intermediate Ballet & Jazz (ages 10-13)
Hip-Hop	Beginning hip-hop (ages 5 & up)
<u>Competition Team</u>	
Elite	Ballet, Jazz & Competition (ages 11 & up)

Recreation Center members receive a 15% discount

Monthly Tuition

Classes	Cost	Hr/week
Expressive Movement	\$27	45 min.
Company 1	\$30	1
Company 2	\$45	2
Company 3	\$45	2
Company 4	\$47	2 hr 15 min
Hip-Hop	\$30	45 min
Elite	\$68	3 hr 15 min



SDC is a high-quality, low-cost dance studio serving dancers from 3 years of age and from any level of experience. Have a wonderful dance experience with emphasis on clean choreography, low cost costumes, and highly qualified teachers. For more information contact Melisa @ (435) 757-9915 or the Smithfield Recreation Center @ (435) 563-0048.



TOP FLIGHT TUMBLING

Offering you a fun and exciting opportunity to learn tumbling! For more information contact Dayna @ (435) 512-5448.

tumbling information

Registration:	Open Enrollment	
Rates:	\$28 per month (1 time per week)* \$50 per month (2 times per week)*	
	*Participants must also pay a \$15 annual registration fee at registration	
Monday	Beginning-ages 4-6	5:00 pm
	Beginning-ages 7 & up	6:00 pm
Tuesday	Beginning-ages 5-6	5:00 pm
	Intermediate/Advanced	6:00 pm
Wednesday	Beginning-ages 4-6	5:00 pm
	Beginning-ages 7 & up	6:00 pm

Each class is limited to 10 children.

SRC members receive a 15% discount on monthly fees



Beginning Tumbling: Basic cartwheels, somersaults, back rolls, handstands, dive forward rolls, back bends, & bridges

Intermediate Tumbling: Round-offs, back walk-overs, front handsprings, rebounds, and beginning back handsprings

Advanced Tumbling: Students must be able to complete back handspring with little or no spot. Handsprings, backtucks & up.



MARTIAL ARTS

Registration: Open Enrollment

Tuition: \$45 per individual

\$30 per additional family member

Payments are due on the first of every month.

Little Dragons: Ages 6-10

Mon/Wed: 6:15-7:10 pm

Friday: 6-7 pm

Beginners: Ages 10 & up

Mon/Wed: 7:15-8:10 pm

Friday: 7-8 pm

Advanced: Ages 10 & up

Mon/Wed: 8:15-9:15 pm

Friday: 7-8 pm

New students receive a free, private introductory lesson!



Sensei Quin Schumann
1st Degree Black Belt - USAKF

(435) 740-4625
qnschumann@gmail.com

Recreation Center members receive a 15% discount on monthly fees

white dragon karate-do



Registration: Open Enrollment for ages 8 & up

Tuition: \$45 per individual
\$30 per additional family member
Payments are due on the first of every month.

Class Time: Tuesday 8:15-9:15 pm
Saturday 9:00-10:30 am

Master Thomas M. Goonan
5th Degree Master Instructor

(435) 938-8206
tmgoonan@gmail.com

Recreation Center members receive a 15% discount on monthly fees

chung do kwan tae kwon do

PLAY WITH ME MUSIC CLASS

Registration:

Open Enrollment

Classes will be taught Friday mornings at the Smithfield Recreation Center.

Fee: \$135 per session per family (multiple payment option available)

Dates: January 10 through May 23 (18 week session)

Music Classes for Infants and Toddlers ages 0-5 and their parents/caregivers

- Developmentally appropriate and FUN music interventions to foster exploration and learning
- Interventions are singing, instrument playing, movement and dance, music listening and rhythm designed to improve child's body awareness, turn taking, attention span, listening, creativity and speech
- Parents will be taught skills and songs that can be used at home to reinforce what is taught in class
- Parent bonding - these classes are designed to promote parent/caregiver bonding
- Experienced and loving teacher with Bachelor's Degree in Music Therapy

play with me music

For more information contact Heather Overaly, MT-BC @
(435) 563-6543

musictrainpreschool@gmail.com



CITY PARKS

mack park

325 East Canyon Road

East Area Bowery
 Fees: \$32.50 Half Day/\$50 Full Day*
 Features: Bowery, Electricity, 14 Tables, Restrooms, 2 Horse Shoe Pits, Playground
 Fire Pit

Middle Area Bowery
 Fees: \$32.50 Half Day/\$50 Full Day*
 Features: Bowery, Electricity, 9 Tables, Restrooms, Fire Pit

West Picnic Area
 Fees: \$22.50 Half Day/\$40 Full Day*
 Features: 1 Table, 3 Benches, Restrooms, Playground, Fire Pit



forrester acres



2 Softball Fields
 Soccer Field
 Little League Field
 Pony League Field
 Equestrian Track/Arena
 Blue Sox Diamond
 Little League Football Field
 Playground
 Trail System

central park

25 North 25 West
 Fees: \$32.50 Half Day/\$50 Full Day*
 Features: Bowery, Electricity, 12 Tables, Restrooms, 3
 Charcoal Ovens, Volleyball Pit, Horse Shoe Pit



heritage park

Center Street & 300 West
 Fees: \$22.50 Half Day/\$40 Full Day*
 Features: Gazebo



CITY BUILDINGS

rec center

315 East 600 South
 Fees: Rates Vary, Call to Inquire
 Features: 4 Full Size Gyms, 3 Racquetball Courts, Weight Room, 2 Cardio
 Rooms, Group Fitness Room, Dance Room, 2 Classrooms



senior citizen center

375 East Canyon Road
 Fees: \$25 per hour plus security deposit*
 Features: Kitchen, 1 Fridge, 2 Stoves, Organ & Piano, A/C, Restrooms,
 13 Tables, 96 Chairs
 Occupancy: 100



youth center

55 North 25 West
 Fees: \$40 per hour plus security deposit*
 Features: 2/3 Size Gym, Kitchen, Restrooms, 14 Tables,
 75 Chairs
 Occupancy: 200



civic center

40 East 100 North
 Fees: \$40 per hour plus security deposit*
 Features: 1 Full Size Gym, 2 Classrooms, Restrooms, 18
 Tables, 182 Chairs,
 Occupancy: 470 (limited parking available)



Park Rentals are available from May 1st to October 15th.
 Building Rentals are available one year in advance from date requested.
 Please call to reserve parks or come into the recreation center to reserve a building.

There is a 25% cancellation fee for any reservation cancelled prior to two weeks before the reservation date. Reservations cancelled less than two weeks prior will not be granted a refund.

*\$250: (includes one park reservation fee) for groups that charge a gate fee or for-profit events where participants are charged fees.

\$125: (includes one park reservation fee) for groups that have any of the following - (1) wedding and/or reception (2) items for sale (3) groups of 100 or more (4) cater (5) band or amplified music (6) fund-raising event (7) non-profit public event (8) inflatable(s) (additional insurance required)

CITY EVENTS

Health Days

May 5 - May 10, 2014

Health Days Race	Horse Pulls
Family Bike Ride	Pancake Breakfast
Children's Theatre	Blue Sox Game
Mountain Bike Challenge	Golf Tournament
Scholarship Program	3 on 3 Basketball
Booths, Food and much more....	

Details to come!

Movies in the Park

Summer 2014

Come enjoy movie night with family, neighbors, and friends on our giant outdoor screen! We will be showing movies through the course of the summer season. These events are free to the public and will be held at Mack Park in Smithfield. Be on the look-out for flyers and posters announcing the dates!

Holiday Times

December 2014

House Decorating Contest!

We know the best way to spread Christmas cheer is singing loud for all to hear...but what about the decorations? Nominate yourself or your neighbor or a random stranger for the best decorated house in Smithfield! Help the town get into the holiday spirit this Christmas!



ADVERTISING OPPORTUNITIES

forrester acres banners

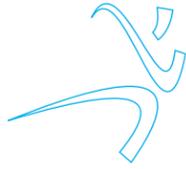
We have numerous leagues that access these fields during the summer months. We take great pride in our great fields and facilities at Forrester Acres and we would like to give you the opportunity to take advantage of the advertising possibilities at the Complex. It is a great way for local businesses to promote their company and support Smithfield Recreation.

You get to choose where your banner will be displayed from May through September. Banners are 45" x 67".

First Year Rate: \$175 - includes cost of banner (full color, vents)

Yearly Renewal - \$100

Please let us know if you are interested by April 1, 2014 so we can make the necessary arrangements. Call (435) 563-0048 or email activities@smithfieldrecreation.com for more information.



RACES

health days

May 10, 2014 @ 7:30 am

Start and Finish at Mack Park

Registration: March 24-May 10



Before May 3rd	W/shirt	W/O shirt
5K & 10K	\$15	\$10
1 Mile	\$10	\$7
Family*	\$55	4 included

After May 2nd	W/shirt	W/O shirt
5K & 10K	\$25	\$20
1 Mile	\$15	\$12

*Limited family spots available, no family registrations will be taken after

trail run

16 Crossings

June 14, 2014 @ 6:00am

Start and Finish at Mack Park

20k Trail Run through Birch Creek Canyon

Registration: March 24 - June 6

Fee: \$40 early registration/\$50 for late registration - includes shirt

This race will be capped at 100 runners so sign up early!

turkey trot

November 22, 2014 @ 10:00am

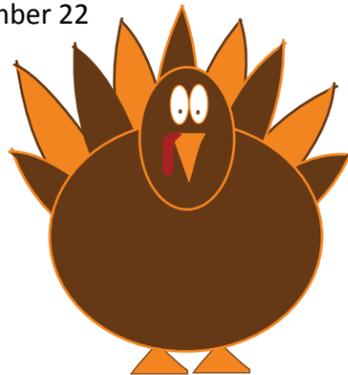
Start and Finish at the Smithfield Recreation Center

Registration: September 29-November 22

Before Nov 8	W/shirt	W/O shirt
5K & 10K	\$15	\$10
1 Mile	\$10	\$7
Family*	\$55	4 included

After Nov 7	W/shirt	W/O shirt
5K & 10K	\$25	\$20
1 Mile	\$15	\$12

*Limited family spots available, no family registrations will be taken after November 7.



YOUTH BASKETBALL



boys spring competitive league

Registration: January 27-February 16

Games Begin: First week of March

Fee: \$325 Per Team

Guaranteed: 7 games plus single elimination tournament.

Divisions: 3rd-4th grade (Tues/Thurs)

5th grade (Wed/Fri)

6th grade (Wed/Fri)

7th grade (Tues/Thurs)

8th grade (Tues/Thurs)

youth fall recreation league

Registration: July 28-August 10

Games Begin: Week of September 15

Fee: \$35 Resident/\$40 Non-resident

Divisions: 1st-2nd grade Co-ed (Thursday)

3rd-4th grade (Tuesday)

5th-6th grade (Wednesday)

7th-9th grade (Monday)

10th-12th grade (Wednesday)*

*Team sign up only at \$275 per team

girls spring competitive league

Registration: January 27-February 16

Games Begin: First week of March

Fee: \$325 Per Team

Guaranteed: 7 games plus single elimination tournament.

Divisions: 5th-6th grade (Mon/Wed or Fri)

7th-8th grade (Mon/Wed or Fri)

Teams plays 2 games per week

youth winter recreation league

Registration: October 27-November 16

Games Begin: First week in January

All played on Saturdays

Fee: \$40 Resident/\$45 Non-resident

Divisions: 1st-2nd Co-ed

3rd-4th grade boys

3rd-5th grade girls

5th-6th grade boys

6th-8th grade girls

7th-8th grade boys

9th-12th grade boys*

*Team sign up only at \$275 per team

jr. bobcat competitive league

Registration: September 15-October 19

Games Begin: October 25

All played on Saturdays

Fee: \$325 per team

Divisions: 4th-8th grade boys

Teams are guaranteed six games

top of utah tournament

Registration: November 3-November 27

Dates: Boys December 11-13

Girls December 19-20

Fee: \$225 per team

Guaranteed: 3 games

Divisions: Boys

3rd-4th grade 5th grade

6th grade 7th grade

8th grade

Girls

5th-6th grade 7th-8th grade

All participants receive a t-shirt

YOUTH SPORTS

youth soccer

Registration: January 27-February 16
 Games Begin: First week of April
 Fees: \$32 Resident/\$37 Non-Resident
 \$10 Reversible Jersey If Needed
 Games played on Saturday/Wednesday
 Divisions:
 U6 Coed: Pre-K/Kindergarten
 (Born Aug 2007-July 2009)
 U8 Boys: Boys 1st-2nd grade
 U8 Girls: Girls 1st-2nd grade
 (Born Aug 2005-July 2007)
 U10 Boys: 3rd-4th grade
 U10 Girls: 3rd-4th grade
 (Born Aug 2003-July 2005)
 U12 Boys: 5th-6th grade
 U12 Girls: 5th-6th grade
 (Born Aug 2001-July 2003)
(If we do not get enough participants in the U12 Division we will either combine 5th Graders with the U10 Division or combine with Northern Utah United Soccer)

youth softball

Registration: March 17-April 6
 Games Begin: First week in June
 Fee: \$30
 Divisions: Girls ages 9-12
 Age is determined by child's age on April 30, 2014
 Games played at Central Park
 All games played on weeknights and each participant receives a t-shirt.

PITCH, HIT & RUN



Registration: TBA
 Date: TBA
 Fees: Free
 Divisions: Boys & Girls, 7-14



YOUTH SPORTS

youth flag football

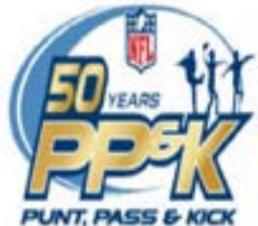
Registration: July 21-August 3
 Games Begin: First week in September
 Fees: \$40
 Divisions: 1st-2nd grade (Tuesday games)
 3rd-4th grade (Wednesday games)
 5th-7th grade (Thursday games)
 Games played at Forrester Acres
 All games played on weeknights, each participant receives a t-shirt.

Challenger Sports



youth volleyball

Registration: July 28-August 10
 Games Begin: September 6
 Divisions/Fees:
 3rd-5th grade: \$35
 6th-8th grade: \$45
 8th grade competitive team: \$325 per team
 Games played on Saturdays
 Each participant receives a t-shirt



NFL Punt, Pass & Kick Competition
 Registration: September 1-9
 Date: September 9, 5:30 pm - 7:00 pm

youth futbol

Registration: October 13-November 9
 Games Begin: Week of November 17
 Fee: \$300 per team
 Divisions: U8, U10 & U12 Co-ed
 U14 Boys, U14 Girls
 High School Boys, High School Girls
 Games will be played on Tuesday and Thursday nights with some Saturdays for younger divisions.

youth baseball

Registration: March 17-April 6
 Games Begin: May-June

Divisions	Age	Resident	Non-Resident
TBall	5-6	\$25	\$30
Coach Pitch	7-8	\$25	\$30
Minor League	9-10	\$48	\$53
Major League	11-12	\$48	\$53
Pony League	13-14	\$68	\$73

Age is determined by child's age on April 30, 2014
 Games played at Forrester Acres
 All games played on weeknights, each participant receives a hat & t-shirt.

SUMMER PROGRAMS



tennis camps	Registration: May 5 until full Fee: \$35 per sessions Time: 8 am - 9:30 am		Participants must furnish their own racket. Each session will be limited to six players. Lessons will be taught at the Sky View Tennis courts.	
	Ages: Youth 9-16 & Adult Ladies			
	Session 1:	Youth Beginner (Ages 9-12)	Monday-Thursday	June 2, 3, 4, 5
	Session 2:	Youth Intermediate (Ages 9-12)	Monday-Thursday	June 9, 10, 11, 12
	Session 3:	Ladies Intermediate	Monday-Thursday	June 16, 17, 18, 19
	Session 4:	Youth Beginner (12-16)	Monday-Thursday	June 23, 24, 25, 26
	Session 5:	Youth Intermediate (12-16)	Monday-Thursday	July 7, 8, 9, 10
	Session 6:	Youth Beginner (9-12)	Monday-Thursday	July 14, 15, 16, 17
Session 7:	Youth Intermediate (12-16)	M, T, W, F	July 21, 22, 23, 25	



DODGEBALL CAMPS

Registration: May 5 until full
Fees: \$15 per camp
Time: M/W 9 am - 10:30 am
Camp Dates:
Session 1: June 23 & 25
Session 2: July 28 & 30

VOLLEYBALL CAMPS

Registration: May 5 until full
Fees: \$35 per session
Date: TBA
Call SRC for more info

BASKETBALL SHOOTING CAMP

Registration: May 5 until full
Fees: \$50 per camp
Camp Dates: June 24 - July 10
Days: M/W
Time: 9 - 10:30 am (3rd to 5th grade)
10:30 am - 11 pm (6th to 8th grade)
12 - 1:30 pm (9th to 12th grade)

in chef

Registration: May 5 until full
Fee: \$40 per session
Time: Tuesday-Thursday 11 am - 12:30 pm
Ages: 6 - 13
Session Dates:
Session 1: June 10 - 12
Session 2: June 24 - 26
Session 3: July 8 - 10

sports and wellness

Registration: May 5 until full
Fee: \$40 per session
Time: Monday - Thursday 9 am - 11 am
Ages: 6 - 12
Camp Dates:
Session 1: June 9 - 19
Session 2: July 7 - 17
Campers will learn basic skills in health and fitness areas. Some activities will include basketball, yoga, relay races, dodgeball, and other wellness exercises. Campers will also be educated in health and nutrition areas throughout the session.

creative craft

Registration: May 5 until full
Fee: \$35 per session
Time: Tuesday-Thursday 1 pm - 2:30 pm
Ages: 6 - 13
Session Dates:
Session 1: June 10 - 12
Session 2: June 24 - 26
Session 3: July 8 - 10

ADULT SPORTS

spring volleyball

Registration: February 10 - March 16
Games Begin: Second week of April
Fees: \$250 per team
Divisions: Women's League
Nights Played: Thursday



fall volleyball

Registration: July 28 - August 24
Games Begin: Week of September 1
Fees: \$250 per team
Divisions: Women's League
Nights Played: Thursday

summer softball

Registration: February 24 - April 13
Games Begin: Week of May 6
Fees: \$375 per team
Divisions: Co-ed, Monday
Men's League, Tuesday
Co-ed, Wednesday
Industrial, Thursday



fall 2-pitch softball

Registration: July 7 - August 3
Games Begin: Week of August 12th
Fees: \$250 per team
Divisions: Co-ed, Monday
Men's League, Tuesday
Co-ed, Wednesday
Industrial, Thursday

adult basketball

Men's Open: No restrictions on past playing experience.
Men's 6' & Under: All players must be shorter than (6'1").
Women's: No restrictions on past playing experience.
Men's: No former college players are allowed to play unless they are 30 years or older.



SPRING BASKETBALL

Registration: February 10 - March 23
Games Begin: Week of April 7
Fees: \$275 per team
Divisions: Men's Open-Monday
6' & Under-Tuesday
Prep League-Wednesday
Women's League-Wednesday

SUMMER BASKETBALL

Registration: May 5 - June 1
Games Begin: Week of June 9
Fees: \$275 per team
Divisions: Men's Open-Wednesday
Women's League-Wednesday

FALL BASKETBALL

Registration: August 25 - September 14
Games Begin: Week of Sept 22
Fees: \$275 per team
Divisions: Men's Open-Monday
6' & Under-Tuesday
Prep League-Wednesday
Women's League-Wednesday

WINTER BASKETBALL

Registration: November 3 - December 21
Games Begin: Week of Jan 5
Fees: \$275 per team
Divisions: Men's Open-Monday
6' & Under-Tuesday
Women's League-Wednesday
Men's League-Thursday
Prep League-Saturday

Health Days
May 5-10

SMITHFIELD
RECREATION
CENTER

